

# babysafe sleep coalition

A program of Jewish Family Services

**An average of 10 babies die every year in Monroe County before they can celebrate their first birthday due to unsafe sleep conditions.**

**The major cause of PREVENTABLE deaths in babies under the age of one is suffocation. Healthy babies die every day.**

**Always follow the ABC's of safe sleep:**

**A-Along B-Back C-Crib**





A program of Jewish Family Services



## CONTACT US

Call (585) 473-SAFE (7233) or email [info@babysafesleep.org](mailto:info@babysafesleep.org) for information on safe sleep practices for your baby.

## STAY ENGAGED WITH US

Visit [babysafesleep.org](http://babysafesleep.org) for safe sleep tips, resources and videos for you and your baby. Scroll to the bottom of the site and enter your name and email for a chance to win a prize!

## BECOME AN AMBASSADOR TODAY!

Commit to sharing the Safe Sleep Message with at least three other people in your day-to-day life to promote the health, safety, and well-being of infants. Once you pass the quiz at the end of the training, you will be awarded a certificate.